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ANAND GURU ,  
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TO WHOM IT MAY CONCERN,

I took Sanyas while Bhagwan is in silence . His silence infected me with a desire to attain such a peace within myself . Amongst Sanyasins I felt at home with a group of people all searching for the silence within themselves . Everyday I feel his message of silence . The constant pressure of the ~~whole~~ world rushing this way and that with all the noise and clamour makes me just want to hear more deeply what Bhagwan is saying in silence . With this silence he tells me to relax and not to make things difficult for myself ; there is no need to burden myself with misery, all I need is - to become a little more silent each day and all the world will be open to me .

yours sincerely,  
anand guru .