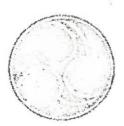
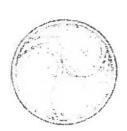


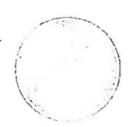
Meredith Moon, M.A. Transpersonal Psychology Hadiqa Therapy

3309 Keha Drive Kihei, Hawaii 96753 (808) 879-4895









To Whom it May Concern:

I have been asked and have agreed to write a letter concerning the effect the work of Bhagwan Shree Rajneesh has had upon my work as a psychotherapist. The first book of his I read was Meditation: The Art of Ecstasy. The soundness of his thinking and the profoundness of his methods for freeing human beings from their suffering, conditionaing and conflicts and toward a life of freedom and inner responsibility led me to learn them first hand by going to Poona, India in January of 1980 where I stayed four months. Since returning I have used his meditation methods with clients and in my personal life and have found them effective and life giving.

Part of my work as a transpersonal therapist involves helping people move into a harmonic relationship between the deeper parts of their being tat are urging growth and change and the limited consciousness of the conditioned mind that fears risking contact with the unknown and unexamined parts of the universe within. The teachings recorded in Rajeesh's many books help people make this leap as does all valuable religious writing for it gives assurance and connection to deep sources of truth actually available and present in every one. What is unique about his teachings is that they emphasize that the inner path can be walked with dancing feet and a joy filled heart and enable one to do so.

Any valid journey inward requires as a test of its way an ability to live in the world with authenticity and love and cooperation, seeing others in the same beauty one has come to see onesself. Within the centers where his sannyassins are working together and at Rajneeshpuram these attributes are readily observed as men and women live a life of positive energy and freedom helping to shape a world of true brotherhood that celebrates the reality of the divine life within us all.

I have also been asked to tell you a little of myself so you may have a measure to judge the authority with which I speak. I am 49 years old and have three grown children. I have a B.S. in Occupational Therapy and worked in that field with physically handicapped, learning disabled, and psychiatrically ill before earning an M.A. in Humanistic and Transpersonal psychology. I I have been in private practise in Hawaii and teach psychology at a University there. At the present time I am earning a Ph.D. through International College in Los Angeles, studying Jungian psychology in Zurich, Switzerland and also there completing a two year tutorial in a psychotherapeutic method called Sandplay. At the end of this period I plan to return to Hawaii to practise.

Sincerely,

Muchith Thoon

Meredith Moon, M.A.